**Covid 19 safety precautions**

**What Northallerton Town JFC will do to try and prevent the spread of Covid 19 whilst ensuring all children have a brilliant session, have fun with friends, keeping healthy, preparing children for whenever the new season starts and staying safe.**

**PLAYERS GUIDANCE**

1. Wash hands on arrival and when leaving (all children will need hand sanitiser to wash hands if and when needed, this will be provided if you don’t have any).
2. All children to arrive in clean kit.
3. All children to bring own drink which will be placed by the child in an area for them. No sharing of drinks is permitted.
4. Equipment is not to be shared and any activities that children use equipment will have their own to use. Each child will be given or bring their own ball with a number on for them to use for the session. This number will also be where the child puts there drink.
5. Respect and practice social distancing.
6. All coaches, equipment including footballs and clothing to be washed and/or sterilised before used again. Any equipment used will be cleaned and won’t be used again for 3 days.
7. Children will be encouraged to be active during the session and to interact as they normally would but allowing for social distancing.
8. No high 5’s or handshakes.

**Have fun, stay healthy, socialise with others, learn new skills/techniques and stay safe.**

**PARENT ADVICE**

1. Can parents please make children aware of the above to help keep all the coaches and children safe.
2. Can all parents drop of their children at the side of the astro in the waiting area and remain in the car for the session or leave and come back and collect at the end of the class. This is because of the 6 people allowed together at one time and will change accordingly to government advice.
3. Please arrive 5 minutes before the class starts and 5 minutes after to collect your child.
4. Please make sure children arrive with a drink in clean kit.
5. If children have any medication needed at a session please put this in a bag and the child can put this with their drink.
6. Any first aid needed will try to be delivered where possible from a 2m distance. If the coach needs to get nearer to deliver the first aid they will do this and any emergency aid will be delivered as trained on the FA emergency aid course. Coaches will wear gloves and any other protective equipment available. If a parent would prefer to deliver the first aid please let the coach know and wait in the car or away from the session at the park sticking to Government social distance advice.
7. Please supply your child with individual hand sanitiser
8. If anyone in your child’s household has Covid 19 symptoms or is confirmed to have Covid 19 should stay away from training for 14 days and follow Government isolation advice.
9. If your child feels unwell please inform the coach and keep them at home. Please can you check your child’s temperature before attending the session, any child over 37.5C should stay at home.
10. If you or your child feel uncomfortable returning to training at the moment then please don’t come and get in contact with your coach when you and your child are happy for your child to return.

**Thank you for your support and understanding to help keep all children and coaches safe whilst they practice football, keep healthy and have fun with friends.**

**Step by step guide to attending a Football coaching sessions with Northallerton Town JFC.**

**Step 1 –** make sure you and your child are familiar with the guidance and advice for the coaching session above.

**Step 2 –** Please arrive at the Northallerton Leisure Centre car park 5 minutes before the session is due to start. At this point make sure your child washes their hands. Remain in the car until 5 minutes before the start time.

**Step 3 –** Go to the waiting area 5 minutes before the sessions starts and remain 2m distance from others at all times. If this is not possible please can adults wear a face covering. Please wait with your team mates and with your coach.

**Step 4 –** The coach will take all players on to the pitch where your child will put their drink and any medication the player may need e.g. inhaler in a designated area to use for the session. Parents will be asked to leave the session and return 5 minutes before the session is due to finish and wait in the exit waiting area.

**Step 5 -** The children will enjoy training for 1 hour with a coach. Children can play football as they normally would be will be encouraged not to use their hands during the session. Coaches will be encouraged not to get the group together to often and if they do will ensure enough space for children to spread out and to be able to listen to instructions/information.

**Step 6 -** The session finishes and the coach will make sure the ball is put away and they collect there drink and any medication that they have brought with them. The coach will bring them across to you in the waiting area and will remain with the child until collected by a parent/guardian.

I appreciate this is very different to how a session would usually look but this is all necessary to make sure your child stays safe whilst getting back to playing football. Thank you for all your support. Any questions or problems please get in touch on the details below.

**Many Thanks**

**James Lofthouse**

**Northallerton Town JFC Chairman**